

# Lay Down and Dance



**Count:** 32    **Wall:** 4    **Level:** Novice  
**Choreographer:** Fiona Murray (IRL), Roy Hadisubroto (NL) October 2016  
**Music:** Baby, Lay Down and Dance by Garth Brooks



**Intro: Start after 32 counts of intro music**

**Sequences: Dance, Tag (2x) Dance, Tag (2x) Dance, Dance, Tag (1x) Dance, Dance, Dance Tag (3x)**

## **[1 – 8] Dorothy Step, Extended Lockstep, Syncopated Jazzbox, ¼ Turn R**

- 1 – 2 &    Step R diagonally forward (1), Cross L behind R (2), Step R diagonally forward (&) 12:00  
 3 & 4 &    Step L diagonally forward (3), Cross R behind L (&), Step L diagonally forward (4), Cross R behind L (&) 12:00  
 5 – 6        Step L diagonally forward (5), Cross R over L (6) 12:00  
 7 & 8        Step L backwards (7), Turn ¼ R and Step R to R side (&), Cross L over R (8) 3:00

## **[9 – 16] Touch Side, Cross, Touch Side, Cross, Heel Switches, Swivel**

- 1 - 2        Touch R to R side (1), Cross R over L (2) 3:00  
 3 - 4        Touch L to L side (3), Cross L over R (4) 3:00  
 5 & 6 &    Touch R heel forward (5), Step R next to L (&), Touch L heel forward (6), Step L next to R (&) 3:00  
 7 & 8        Touch R forward (7), Swivel both heels to R (&), Swivel both heels back to centre (8) 3:00

## **[17 – 24] Touch Back, ½ Turn R, Step, 1/4 Turn R, Side Mambo Cross (2x), Heel Jack, Ball Step**

- 1 - 2        Touch R backward (1), Turn ½ R and step R forward (2) 9:00  
 3 & 4        Turn ¼ R and Rock L to L side (3) Recover on R (&), Cross L over R (4) 12:00  
 5 & 6        Rock R to R side (5), Recover on L (&), Cross R over L (6) 12:00  
 & 7 & 8      Step L to L side (&), Touch R heel diagonally forward (7), Step R next to L (&), Step L forward (8) 12:00

## **[25 – 32] Brush, Hitch, Step Back, Brush, Hitch, Step, Back, ¼ Turn R, Knee Pops**

- 1 & 2        Brush R forward (1), Hitch R Knee up (&), Step R backwards (2) 12:00  
 3 & 4        Brush L forward (3), Hitch L Knee up (&), Step L backwards (4) 12:00  
 5 – 6        Turn ¼ R and step R to R side, keep weight in the middle (5), Pop both knees (6) 3:00  
 7 - 8        Pop both knees (7), Pop both knees (8) 3:00

**Note The brush, hitch, step, back (count 1 – 4 of the last section) can be done while hopping on the standing leg.**

## **Tag:**

- 1 - 8        Shuffle, Shuffle, Turn ½ L, Kick Ball Change  
 1 & 2        Step R forward (1), Close L behind R (&), Step R forward (2) 12:00  
 3 & 4        Step L forward (3), Close R behind L (&), Step L forward (4) 12:00  
 5 - 6        Step R forward (5), Turn ½ L and step L forward (6) 6:00  
 7 & 8        Kick R forward (7), Step R next to L on ball of R (&), Step L next to R (8) 6:00

**Note The very last time doing the Tag turn  $\frac{1}{4}$  L to finish at 12:00**

**Order of dance Dance, Tag (2x) Dance, Tag (2x) Dance, Dance, Tag (1x) Dance,  
Dance, Dance Tag (3x)**

**START AGAIN AND HAVE FUNNNN**

---